A certified CME activity providing AMA PRA Category 1 Credit™

presented by Joslin Diabetes Center, a teaching affiliate of Harvard Medical School

Registration and Continental Breakfast 7:00 AM–8:00 AM

Workshop 8:00 AM–5:00 PM

An all-day immersion that will strengthen your diabetes knowledge and management skills, including how to integrate recent research into clinical practice

PROGRAM AGENDA

7:00 AM Continental Breakfast and Registration
8:00 AM Welcome and Opening Remarks, Pretest, and Introduction to Type 1 and Type 2 Cases
8:30 AM Pathophysiology of Diabetes
8:55 AM Living with Diabetes: Nutrition, Activity, and Glucose Monitoring
9:40 AM Office Visit: Both Cases
9:55 AM Antidiabetes Medications and Type 2 Diabetes: Targeting the Pathophysiologic Spectrum
10:40 AM Office Visit: Type 2 Case
10:50 AM Break
11:10 AM Insulin Treatment for Diabetes: Rational Approach to Design and Management
11:55 AM Office Visit: Both Cases
12:25 PM Part 1 Posttest
12:40 PM Buffet Luncheon
1:10 PM Luncheon Presentation
1:40 PM Break
2:40 PM Slowing Complications of Diabetes: Update on Preventive Interventions
3:25 PM Part 2 Posttest
3:40 PM Break
3:55 PM Pulling It All Together: Office Visits for Both Cases
4:40 PM Questions and Answers
4:55 PM Closing Remarks and Adjournment

Fax form without a cover sheet to (617) 226-5925
Joslin Diabetes Center does not share personally identifiable information with grant providers.

Would you like to be informed of upcoming CME activities via email?

Yes ☐ No ☐
Clinical management of diabetes is no longer just about glucose control; the current research approach requires that clinicians address a complex array of comorbidities that risk factors including hypertension, dyslipidemia, and obesity, all of which require both nonpharmacologic and pharmacologic interventions. To reduce morbidity, mortality, and the personal burden of diabetes among their patients, primary care clinicians face the challenge of detecting, monitoring, and advising, complex, physiologic-based treatment plans. This workshop will strengthen your diabetes knowledge and management skills, including how to understand and integrate the implications of recent research developments into clinical practice. You will also learn how to develop the efficient use of office-based systems to facilitate early identification and intervention for persons at risk. 

There is no fee to attend this activity, however, space is limited and reservations will be accepted on a first-come, first-served basis.

Learning Objectives

After participating in these educational activities, healthcare professionals should be able to:
- Identify recommended treatment targets for diabetes and related comorbidities
- Summarize antidiabetes medications and their indications based on underlying pathophysiology
- Design (or refer for the development of) effective treatment plans and disease management programs for patients with diabetes
- Appropriately assess patients via risk-assessment tool and relevant assessment guidelines and use
- Explain potential interventions to further minimizing cardiovascular risk and metabolic risk based on long-term outcomes, including hypoglycemia, hypoglycemia, and obesity
- Develop and implement interprofessional strategies in their practice to blunt development of common diabetes complications
- Demonstrate improved ability to design and advance physiologically appropriate individualized disease management programs and treatment plans for people with diabetes

Faculty Discourse

It is the policy of Joslin Diabetes Center to ensure fair balance, independence, objectivity, and scientific rigor in all activities. Faculty participating in CME activities sponsored by Joslin Diabetes Center are required to disclose to the audience and the audience, and identify any relevant financial relationships with those suppliers or their products that they may possess. Faculty disclosure will be provided in the activity materials.

“A innovative mix of case-based and evidence-driven learning providing the foundation that you need to improve diabetes care and health outcomes for your patients.” —Richard S. Beaser, MD

Joslin Diabetes Center, Boston, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Joslin Diabetes Center designates these educational activities for a maximum of 8.25 AMA PRA Category 1 Credits. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This CME activity was planned and produced in accordance with AACCME Essentials. Participants not eligible for continuing medical education credit will receive a certificate of participation.

About Joslin Diabetes Center

Joslin Diabetes Center is the world’s preeminent diabetes clinic, diabetes research center, and provider of diabetes education. For more than 115 years, Joslin has been dedicated to ensuring people with diabetes live long, healthy lives and offers real hope and real progress toward diabetes prevention and cure. Founded in 1898 by Elliott P. Joslin, MD, Joslin is an independent nonprofit corporation affiliated with Harvard Medical School. For more information about Joslin, call 1-800-226-5060 or visit www.ProfessionalEd.joslin.org.

In 2005, Joslin was re-accredited by the Accreditation Council for Continuing Medical Education (ACCME) and received “Accreditation with Commendation” status, the highest rating achievable by a provider of CME.
An all-day immersion that will strengthen your diabetes knowledge and management skills, including how to integrate recent research into clinical practice

**Program Agenda**

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Clinical management of diabetes is no longer just about glucose control; the current approach requires that clinicians address a complex array of comorbid condition risks including hypertension, dyslipidemia, and weight management in addition to diabetes, all of which require both pharmacologic and nonpharmacologic interventions. To reduce morbidity, mortality, and the personal burden of disease among their patients, primary care clinicians face the challenge of detecting, caring for, and treating cardiovascular, physiologic-based treatment plans. This workshop will strengthen your diabetes knowledge and management skills, including how to understand and integrate the implications of recent research developments into clinical practice. You will also learn how the development of efficient office-based systems can facilitate early identification and intervention for patients with diabetes.

There is no fee to attend this activity. However, space is limited and reservations will be accepted on a first-come, first-served basis.

Learning Objectives

After participating in these educational activities, healthcare professionals should be able to:

• Identify recommended treatment targets for diabetes and related comorbid risk factors.
• Summarize antidiabetes medications and their indications based on underlying pathophysiology.
• Design (or re-organize) the development of an assessment and management plan for diabetes and related comorbidities.

It is the policy of Joslin Diabetes Center to ensure fair balance, independence, objectivity, and scientific rigor in all its activities. Faculty participating in CME activities sponsored by Joslin Diabetes Center must disclose any financial relationships with any commercial entity that has a direct or indirect interest in the presentation topic. This includes relationships with pharmaceutical, device, or biotechnology companies. Joslin Diabetes Center will handle all disclosure grievances in accordance with its Conflict of Interest Policy. Joslin Diabetes Center has reviewed each faculty member’s disclosure of potential or actual conflicts of interest. Joslin Diabetes Center has found that none of the faculty members has a financial relationship with a commercial entity that has a direct or indirect interest in the content of this activity.

Joslin Diabetes Center is the world’s premier diabetes clinic, diabetes research center, and provider of diabetes education. Sponsored by the Joslin Diabetes Foundation, it is dedicated to ensuring people with diabetes live long, healthy lives and offers real hope and progress toward diabetes prevention and cure. Joslin offers more than 40,000 patient visits a year and has more than 100 full-time faculty and staff members dedicated to diabetes research.

Joslin Diabetes Center, Boston, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Joslin Diabetes Center designates this educational activity for a maximum of 0.50 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This CME activity was planned and produced in accordance with ACCME Essentials. Participants not eligible for continuing medical education credit will receive a certificate of participation.

To register or for further information, visit www.ProfessionalEd.joslin.org

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Advancing the Impact of Care

A day-long workshop for primary care providers and their clinical and office staff

Clinical management of diabetes is no longer just about glucose control; the current approach requires that clinicians address a complex array of comorbid risk factors including hypertension, obesity, dyslipidemia, and smoking, all of which require both nonpharmacologic and pharmacologic interventions. To reduce morbidity, mortality, and the personal burden of diabetes among their patients, primary care clinicians face the challenge of detecting, treating, and monitoring comorbidities—physiologically, based treatment plans. This workshop will strengthen your diabetes knowledge and management skills, and help you to understand and integrate the implications of recent research developments into clinical practice. You will also learn strategies in their practice to blunt the development of classic diabetes complications including hypertension, dyslipidemia, obesity, and related increased cardiometabolic risk factors.

It is the policy of Joslin Diabetes Center to ensure fair balance, independence, objectivity, and performance in providing care to their patients with diabetes. Faculty will be drawn from the list below.

Faculty

<table>
<thead>
<tr>
<th>Name</th>
<th>Institution and Position</th>
</tr>
</thead>
<tbody>
<tr>
<td>Richard S. Beaser, MD</td>
<td>Joslin Diabetes Center, Harvard Medical School, Boston, MA</td>
</tr>
<tr>
<td>Beth Bouknight, MD, PhD</td>
<td>Associate Professor of Medicine, Division of Endocrinology &amp; Metabolism, University of Michigan, Ann Arbor, MI</td>
</tr>
<tr>
<td>inaccurate information</td>
<td></td>
</tr>
</tbody>
</table>

Faculty disclosure policy:

Faculty disclosure policy:

* Faculty list subject to change

Faculty disclosure:

It is the policy of Joslin Diabetes Center to ensure fair balance, independence, objectivity, and scientific rigor in all activities. All faculty participating in CME activities sponsored by Joslin Diabetes Center are required to disclose their financial relationships with any proprietary companies or providers of commercial support for their activities. Faculty disclosure will be provided in the activity materials.

Joslin Diabetes Center, Boston, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Joslin Diabetes Center designates this educational activity for a maximum of 0.5 AMA PRA Category 1 Credits ™ . Physicians should only claim credit commensurate with the extent of their participation in the activity. This CME activity was planned and produced in accordance with ACCME Essentials. Participants not eligible for continuing medical education credit will receive a certificate of participation.

To register or for further information, visit www.ProfessionalEd.joslin.org

Registration Information

There is no fee to attend this activity. However, space is limited and reservations will be accepted on a first-come, first-served basis.

About Joslin Diabetes Center

Joslin Diabetes Center is the world’s preeminent diabetes clinic, diabetes research center, and provider of diabetes education. Founded in 1897, Joslin is dedicated to educating people with diabetes live long, healthy lives and offers real-world solutions to improve their quality of life. Joslin is the nation’s first diabetes research center and has one of the largest diabetes clinics in the country. Joslin is affiliated with Harvard Medical School. For more information about Joslin, call 1-800-226-5925 or visit www.joslin.org.

In 2005, Joslin was re-accredited by the Accreditation Council for Continuing Medical Education (ACME) and received “Accreditation with Commendation” status, the highest rating achievable by a provider of CME.
Clinical management of diabetes is no longer just about glucose control; the current approach requires that clinicians address a complex array of cardiometabolic risk factors including hypertension, dyslipidemia, obesity, and smoking which can be attributed to both lifestyle and genetic factors. The workshop will strengthen your diabetes knowledge and management skills, including how to understand and integrate the implications of recent research developments into clinical practice. You will also learn appropriate (individualized) glycemic targets for diabetes and related therapies to manage people with diabetes live long, healthy lives and offers a day-long workshop for primary care providers and their clinical and office staff.

After participating in these educational activities, healthcare professionals should be able to:

• Identify recommended treatment targets for diabetes and related cardiometabolic risk factors.
• Summarize antidiabetes medications and their indications based on underlying pathophysiology.
• Design (or refer for the development of) insulin replacement programs and underlying pathophysiology.

Learning Objectives

Facility Disclosure

It is the policy of Joslin Diabetes Center to ensure fair balance, independence, objectivity, and scientific rigor in all activities. All faculty participating in CME activities sponsored by Joslin Diabetes Center are required to disclose financial and other information, identify and disclose all off-label use of product, and disclose all relevant financial relationships with the manufacturers of any commercial products or providers of goods and services that might have an impact on the activities.

Joslin is dedicated to ensuring that all CME activities are educational and of high quality. Joslin Diabetes Center reviews all faculty disclosures and will take appropriate measures to resolve any conflicts of interest.

Faculty Disclosure

Joslin Diabetes Center is the world’s premier diabetes clinic, diabetes research center, and provider of diabetes education. The Joslin Diabetes Center is dedicated to ensuring people with diabetes live long, healthy lives and offers a comprehensive approach to diabetes care.

Joslin Diabetes Center, Boston, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Joslin Diabetes Center designates this educational activity for a maximum of 8.0 AMA PRA Category 1 Credits™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

This CME activity was planned and produced in accordance with ACME Essentials. Participants not eligible for continuing medical education credit will receive a certificate of participation.

For any special requests, please contact Joslin Professional Education via email to cme@joslin.harvard.edu or call 888-567-5460 at least one week prior to the program date. Reasonable efforts will be made to accommodate your needs during your attendance at this Joslin CME event. Joslin will keep all CME participant information confidential and will not sell or share it. In compliance with the Americans with Disabilities Act, Joslin will make every reasonable effort to accommodate your needs during your attendance at this CME event. Joslin will keep all CME participant information confidential and will not sell or share it.
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**Registration Form**

Please print legibly or type to ensure accurate registration.

One registrant per form; please do not photocopy the form for others.

Please check the program you wish to attend. For specific location within each city, please visit our Web site, www.ProfessionalEd.joslin.org, or call (888) 567-5460.

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- **Yes**
- **No**

**Name**

**Degree**

**Affiliation**

**Specialty**

**Address**

City    State    Zip

**Telephone**

**Fax**

**Email (required for confirmation purposes)**

**ID# (from address label)**

**Registra**

**Program Agenda**

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11:55 AM Office Visit: Both Cases

12:25 PM Part 1 Posttest

12:40 PM Buffet Luncheon

1:10 PM Luncheon Presentation: The New Paradigm in Continuing Education: Knowledge, Competence, and Performance Improvement

1:40 PM Break

1:55 PM Cardiometabolic Risk Stratification and Treatment: Office-Based Strategies

2:40 PM Slowing Complications of Diabetes: Update on Preventive Interventions

3:25 PM Part 2 Posttest

3:40 PM Break

3:55 PM Pulling It All Together: Office Visits for Both Cases

4:40 PM Questions and Answers

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**Joslin Diabetes Center**

One Joslin Place

Boston, MA 02215

*Professional Education*